

# What to Do if You Have Had Close Contact with a Person with COVID-19

1/25/2022

You can spread COVID-19 to others starting a couple days before you have any symptoms and even if you never

[COVID-19 Testing](#)

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In the K-12 indoor classroom setting the close contact definition excludes students who were between 3 to 6 feet of an infected student if both the infected student and the exposed student(s) correctly and consistently wore well-fitting masks the entire time. This exception does not apply to teachers, staff, or other adults in the indoor classroom setting. For more information about close contacts in schools, refer to [Schools and Child Care COVID-19: Best Practice Recommendations \(www.health.state.mn.us/diseases/coronavirus/schools/plan.html\)](http://www.health.state.mn.us/diseases/coronavirus/schools/plan.html).

**Quarantine:** Staying home and away from others when you might have been exposed to the virus.

**Isolation:** Staying home and away from others when you test positive, feel sick, or have symptoms of the virus.

**Well-fitting mask:** A mask that fits snugly over your nose, mouth, and chin, without gaps at the edges.

**Immunocompromised:**





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